

# Moorhouse Chiropractic & Calm Massage Studio

## Massage Intake Form

LAST:

FIRST:

Name \_\_\_\_\_ DOB \_\_\_\_\_ Today's Date \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

- |  | YES                      | NO                       |
|--|--------------------------|--------------------------|
| 1) Have you had a professional massage before?   | <input type="checkbox"/> | <input type="checkbox"/> |
| 2) Do you have any difficulty lying on your front, back, or side?  | <input type="checkbox"/> | <input type="checkbox"/> |
| 3) Do you have any allergies to nuts, oils, lotions, or ointments?   | <input type="checkbox"/> | <input type="checkbox"/> |
| 4) Are there any areas of the body where you are experiencing tension, stiffness, pain or other discomfort?<br><i>If yes, please identify:</i> _____ |                          |                          |
| 5) In the last 5 years, have you had any surgeries, fractures, sprains, strains, accidents, or injuries?<br><i>If yes, please explain:</i> _____     |                          |                          |
| 6) Are you currently taking any medication?<br><i>If yes, please list:</i> _____   |                          |                          |

Please check any condition listed below that APPLIES to you:

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> contagious skin condition     | <input type="checkbox"/> open sores or wounds       | <input type="checkbox"/> stomach troubles/ulcers                 |
| <input type="checkbox"/> swollen glands                | <input type="checkbox"/> easily bruising            | <input type="checkbox"/> heart condition and/or pacemaker        |
| <input type="checkbox"/> cancer                        | <input type="checkbox"/> radiation/chemotherapy     | <input type="checkbox"/> artificial joint or implant of any kind |
| <input type="checkbox"/> current fever                 | <input type="checkbox"/> allergies/sensitivity      | <input type="checkbox"/> AIDS/HIV Infection                      |
| <input type="checkbox"/> high or low blood pressure    | <input type="checkbox"/> circulatory disorder       | <input type="checkbox"/> varicose veins                          |
| <input type="checkbox"/> atherosclerosis               | <input type="checkbox"/> phlebitis                  | <input type="checkbox"/> blood clots                             |
| <input type="checkbox"/> arthritis                     | <input type="checkbox"/> tendinitis                 | <input type="checkbox"/> anemia/sickle cell disease              |
| <input type="checkbox"/> osteoporosis                  | <input type="checkbox"/> fainting/seizures/epilepsy | <input type="checkbox"/> headaches/migraines                     |
| <input type="checkbox"/> bleeding disorders/hemophilia | <input type="checkbox"/> diabetes                   | <input type="checkbox"/> decreased sensation                     |
| <input type="checkbox"/> hepatitis/jaundice            | <input type="checkbox"/> fibromyalgia               | <input type="checkbox"/> TMJ                                     |
| <input type="checkbox"/> poor circulation              | <input type="checkbox"/> thyroid imbalance          | <input type="checkbox"/> respiratory problems/bronchitis         |
| <input type="checkbox"/> asthma                        | <input type="checkbox"/> scoliosis                  | <input type="checkbox"/>   |
| <input type="checkbox"/>                               | <input type="checkbox"/>                            | <input type="checkbox"/> pregnancy? how many weeks? _____        |

OTHER: \_\_\_\_\_

I understand that all bodywork services provided are given here for the purpose of stress reduction, relief from muscular tension or for increased circulation and energy flow. I understand that these services are not a substitute for medical or dermatological examinations and/or diagnosis and that it is recommended that I see a physician for any physical ailment that I might have. If I experience any pain or discomfort during this session, I will immediately inform the technician so that the pressure, strokes and/or procedure may be adjusted to my comfort level. I understand that the Massage Therapist's within this establishment are not qualified to diagnose, prescribe, or treat any illness, and that nothing said in the course of the session given should be construed as such. Because the Massage Therapist's must be aware of my existing physical conditions I have stated all my known medical conditions and I take it upon myself to keep Moorhouse Chiropractic and Calm Massage Studio updated on my physical health. I understand the service I am receiving today and I have no questions. I hereby release my Massage Therapist from any and all responsibilities and liabilities for the service I am requesting to receive.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Signature of Parent or Guardian \_\_\_\_\_ Date \_\_\_\_\_  
*By signature above, I hereby authorize the technician at Moorhouse Chiropractic and Calm Massage Studio to perform the services I requested for my child or dependent.*